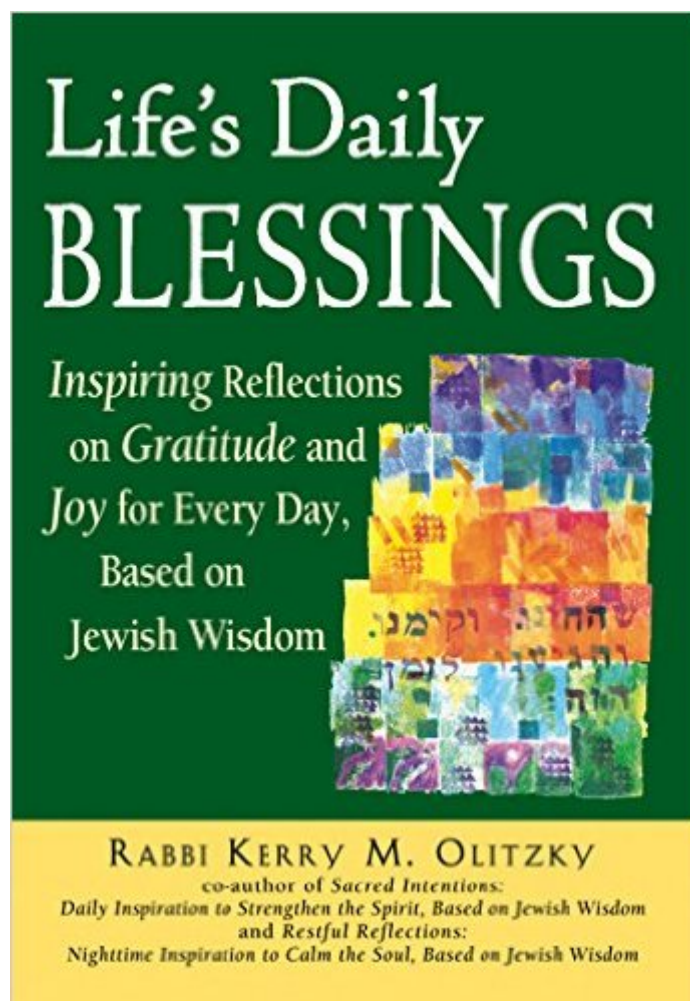


The book was found

Life's Daily Blessings: Inspiring Reflections On Gratitude And Joy For Every Day, Based On Jewish Wisdom



Synopsis

Wake up to the divine abundance that is all around you! This inspirational companion helps you recognize God's gifts in the everyday world around you. For each day of the year, an inspiring quote from a Jewish source and a personal reflection on it help you focus on your spiritual life and all the things you have to be grateful for. Using both the secular and Jewish calendar as a framework, this daily devotional helps you honor the special and holy events of the year as well as identify the sacred in the mundane moments of your life. It draws on the wisdom of Jewish sources and teachings, and ancient and contemporary spiritual thinkers, to gain perspective on the abundance that is all around you—in your achievements and challenges, relationships and personal time, joy and suffering, job and home. It will help you elevate the ordinary to the extraordinary every day of the year.

Book Information

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Average Customer Review: 4.7 out of 5 stars See all reviews (10 customer reviews)

Best Sellers Rank: #603,289 in Books (See Top 100 in Books) #113 in Books > Religion & Spirituality > Judaism > Prayerbooks #260 in Books > Religion & Spirituality > Judaism > Theology #314 in Books > Textbooks > Humanities > Religious Studies > Judaism

Customer Reviews

This book is very motivational for everyone who picks it up. As a Jewish male, I thought that maybe the lessons may apply only to my beliefs but in fact anybody can learn from this book. Christians, Jews, Muslims, etc can all benefit from a little daily motivation. My only problem with the book is there is no writing space for notes, like in most devotional books. Other than that, I love it. Definitely plan to continue reading it daily to help keep me focused on my relationship with G-d.

I like to have a little daily reading that puts me "on track" . It give my day a little lift and a little prodding to remember what is truly important and to remember to give thanks. It's not profound - but

it helps.

I will be referring to this book daily. It contains a great deal of wisdom for anyone, Jewish or not. While it cites Jewish sources, the statements are broad enough to encompass all.

Recently moved and joined a Synagogue so I decided I wanted to get a daily blessings book. This book is well written and truly embodies the beauty of the Jewish religion in daily blessings.

This is a quick yet powerful start to your day. Always leaves you wanting to read more. It gets your brain working and thinking on a deeper level. Totally worth reading.

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100 Blessings Every Day: Daily Twelve Step Recovery Affirmations, Exercises for Personal Growth & Renewal
Reflecting Seasons of the Jewish Year
Five Minute Gratitude Journal: 5 Short Minutes A Day To Develop An Attitude of Gratitude (Five Minute Journals) (Volume 1)
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